

# 2001 MIAC Women's Outdoor Track & Field Championship Recap

The St. Thomas women's track and field team used its own "Super Seven" athletes to lead it to a 16-point win Saturday in the final day of the MIAC Track and Field Championships. It was the 16th team title in 17 seasons for Coach Joe Sweeney's team.

After starting the final day in third place, 26 points behind Concordia and 20 behind Gustavus, the Tommies finished with 183.5 points to 167.5 for runner-up Concordia, 152 for Gustavus and 89 for fourth-place St. Ben's.

The UST leaders were:

---senior Kelly Faris, who was second in the 10,000 Friday night, won the 5,000 (17:48) and 3,000 (10:37) for 28 individual points;  
---senior Kara Hedin contributed to 32 points as she won the triple jump for the sixth time in her MIAC career (36-7.5), was second in the long jump (17-10 3-4); was third in the 100 hurdles (15.23); and ran on the runner-up 4x400 relay (3:57.98);  
---soph Jill Ylonen had a hand in 38 points as she won the 100 (12.48) and 200 (25.67), anchored the winning 4x100 relay (48.80); and led off the runner-up 4x400;  
---senior Katie Arnes had a hand in 31 points as she won the high jump (5-4 1-4); was fourth in the 110 hurdles (15.27), was third in the 400 hurdles (65.14) and ran on the runner-up 4x400;  
---soph Tish Dusich had a hand in 24 points as she was second in the 800 (NCAA provisional time of 2:14.56); and anchored the runner-up 4x400 and 4x800 (9:35.58) relays;  
---senior Katie Bestul won the 100 hurdles and led off the winning 4x100 relay.  
---Heidi Vogel had a hand in 26 points as she ran on the 4x100 and 4x400 and also took fourth in the 100 (12.99) and sixth in the 200 (26.60).

Also on the runner-up 4x800 relay with Dusich were Mary Pulling, Teresa Smock and. Smock also was fourth in the 800(2:19.39); Becky Mooney was third (11:51.61) and Pulling was fourth (11:54.36) in the steeplechase; Crystal Dusich was second in the triple jump (36-0); Nicole Meidl was fourth in the pole vault (10-6 3-4).